



## What to Look for in an Addiction Treatment Center

*Choosing a drug or alcohol rehab center is an incredibly important decision with many factors to consider.*

### **Before choosing a treatment center, ask the following questions:**

- Does this treatment center treat addiction as a chronic disease and, as such, strive for continuity of care?
- Does the center provide on-site assessment?
- Will the facility develop a comprehensive treatment plan for the patient: one that will be constantly monitored, updated and modified as treatment progresses?
- Is the facility safe?
- How experienced and credentialed are members of the treatment team?
- Is the facility location ideal for the patient?
- What will treatment cost? Is the cost covered by my insurance or non-reimbursed medical plan?
- Are financial aid or financing options available?
- Is the program geared toward the patient's age, gender and addiction severity?
- Is the center able to provide comprehensive treatment to address all aspects of addiction?
- Does the center collaborate with hospitals and research groups to keep it on the leading edge of addiction treatment practices?
- What treatment approaches does this program use regarding detoxification; abstinence; individual, family and group therapy; medication-assisted treatment; cognitive-behavioral therapy; endorsement or inclusion of 12-step programs or other mutual-help groups; relapse education and prevention; and long-term recovery?
- Is the facility equipped to assess and treat co-occurring disorders?
- Does the center have programs in place to include or treat a patient's family?
- Is the family involved in decision-making, the treatment process and the recovery phase?
- What type of ongoing treatment does the facility provide?
- Does the program provide outpatient, inpatient, residential and short-stay options, and recovery care?
- Is the center included on the state's licensure website, such as the Department of Health?
- Has the program received any major citations?
- Is the treatment center facility and location accredited by an independent behavioral health body demonstrating the provider's commitment to continuously improve service quality and to focus on best practices in treatment?

For help finding a program that suits your needs, please contact [Caron Treatment Centers](#).

[www.caron.org](http://www.caron.org) | 800-678-2332